



**SEXUAL HEALTH INVENTORY FOR MEN (SHIM)**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:**

Each question has 5 possible responses. Circle the number that best describes your own situation. Select only 1 answer for each question.

**Over the Past 6 Months:**

**1. How do you rate your confidence that you could keep an erection?**

1	2	3	4	5
Very low	Low	Moderate	High	Very high

**2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?**

1	2	3	4	5
Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always

**3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?**

1	2	3	4	5
Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always

**4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?**

1	2	3	4	5
Extremely difficult	Very Difficult	Difficult	Slightly difficult	Not difficult

**5. When you attempted sexual intercourse, how often was it satisfactory for you?**

1	2	3	4	5
Almost never or never	A few times (much less than half the time)	Sometimes (about half the time)	Most times (much more than half the time)	Almost always or always

## Scoring Instructions:

Add the numbers corresponding to the answers for questions 1 through 5. If the patient's score is 21 or less, erectile dysfunction (ED) should be addressed. The SHIM score characterizes the severity of the patient's ED in the following manner:

22-25 No ED

17-21 Mild ED

12-16 Mild-to-moderate ED

8-11 Moderate ED

5-7 Severe ED

**Score:** \_\_\_\_\_

## Purpose of SHIM

Add the numbers corresponding to the answers for questions 1 through 5. If the patient's score is 21 or less, erectile dysfunction (ED) should be addressed. The SHIM score characterizes the severity of the patient's ED in the following manner:

- The SHIM Questionnaire (also known as the IIEF-5) is an abridged and slightly modified 5-item version of the 15-item International Index of Erectile Function (IIEF), designed for easy use, by clinicians, to diagnose the presence and severity of ED in clinical settings.
- This diagnostic tool may reduce the number of incorrectly diagnosed or under diagnosed cases. It is intended to complement the physical examination and patient history as a means to detect ED.