

## ANNUAL PHYSICAL EXAMINATION FORM

**Part One: TO BE COMPLETED PRIOR TO MEDICAL APPOINTMENT**

Name: \_\_\_\_\_ Date of Exam: \_\_\_\_\_  
 Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Sex:    Male            Female

**DIAGNOSES/SIGNIFICANT HEALTH CONDITIONS** *(Attach Lifetime Medical History Summary and Chronic Health Problems List)*


**CURRENT MEDICATIONS** *(Attach a second page if needed):*

Medication Name	Dose	Frequency	Diagnosis	Prescribing Physician Specialty	Date Medication Prescribed

**Allergies/Sensitivities:** \_\_\_\_\_

**Contraindicated Medication:** \_\_\_\_\_

**Date of last Prostate Exam:** \_\_\_\_\_ **Results:** \_\_\_\_\_  
**CBC/Differential** (if performed)

**Date:** \_\_\_\_\_ **Results:** \_\_\_\_\_

**PSA**(if performed)  
**Date:** \_\_\_\_\_ **Results:** \_\_\_\_\_

**Other** *(specify)* \_\_\_\_\_ **Date:** \_\_\_\_\_ **Results:** \_\_\_\_\_

**Part Two: GENERAL PHYSICAL EXAMINATION**

Blood Pressure: \_\_\_\_ / \_\_\_\_    Pulse: \_\_\_\_    Respirations: \_\_\_\_    Temp: \_\_\_\_    Height: \_\_\_\_    Weight: \_\_\_\_

**EVALUATION OF SYSTEMS**

System Name	Normal findings?	Comments/Description

<b>Eyes</b>	Yes	No	
<b>Ears</b>	Yes	No	
<b>Nose</b>	Yes	No	
<b>Mouth/Throat</b>	Yes	No	
<b>Head/Face/Neck</b>	Yes	No	
<b>Breasts</b>	Yes	No	
<b>Lungs</b>	Yes	No	
<b>Cardiovascular</b>	Yes	No	
<b>Extremities</b>	Yes	No	
<b>Abdomen</b>	Yes	No	
<b>Gastrointestinal</b>	Yes	No	
<b>Endocrine</b>	Yes	No	
<b>Musculoskeletal</b>	Yes	No	
<b>Integumentary</b>	Yes	No	
<b>Renal/Urinary</b>	Yes	No	
<b>Reproductive</b>	Yes	No	
<b>Lymphatic</b>	Yes	No	
<b>Nervous System</b>	Yes	No	
<b>VISION SCREENING</b>	Yes	No	Is further evaluation recommended by specialist? Yes No
<b>HEARING SCREENING</b>	Yes	No	Is further evaluation recommended by specialist? Yes No

**Additional Comments:**

Recommendations for health maintenance: *(including need for lab work at regular intervals, exercise, hygiene, weight control, etc.)*

Recommended diet and special instructions: \_\_\_\_\_

Limitations or restrictions for activities *(including work day, lifting, standing, and bending)* No Yes *(specify):*

Change in health status from previous year? No Yes *(specify):* \_\_\_\_\_

Specialty consults recommended? No Yes *(specify)* \_\_\_\_\_

Clotting Disorder present? No Yes *If Yes, specify type:* \_\_\_\_\_

Name of physician *(please print)* \_\_\_\_\_

Physician's Signature \_\_\_\_\_

Date \_\_\_\_\_

Physician Address: \_\_\_\_\_

Physician Phone Number: \_\_\_\_\_